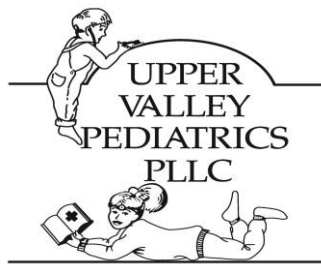


331 Upper Plain
Bradford, VT 05033
Phone: (802) 222-4722
Fax: (802) 222-4709



332 Route 113
East Thetford, VT 05043
Phone: (802) 785-4722
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Pediatric & Adolescent Healthcare

Upper Valley Pediatrics is a primary care medical and mental health practice providing comprehensive care, both preventative and therapeutic, to infants, children and young adults. All young people should have convenient access to a skilled and compassionate medical home that anticipates future problems and provides appropriate interventions for acute and chronic illnesses, honest, clear communication between patient, parents and healthcare provider(s) is the key to providing such care. Through open communication we hope to engender and maintain a sense of trust and confidence in our relationship. Please remember that no question is too trivial, no issue too difficult to be discussed openly with your healthcare provider.

We invite our patients and their families to lead us in our efforts to provide them with skilled, affordable and compassionate care.

OFFICE HOURS: The **Bradford** office is open Monday through Friday 8:00am to 5:00pm and Saturdays 8:00am to 11:30am. We have a satellite office in **East Thetford** as well; currently that office is open Mondays 10am-6pm, Tuesdays & Thursdays 8:30am to 5:00pm, Fridays 9am-Noon. Office visits are by appointment only, in either location. If your child is ill and you are not certain if he/she should be seen, call the office. The office staff is trained in pediatric issues and can determine if an office visit would be helpful, as well as offer advice in the interim. If you feel you need to speak directly with the doctors or nurse practitioners please let us know. We take definite pride in our ability for our patients, and their parents, to access us.

AFTER HOURS: After regular office hours call the office number (802) 222-4722. One of the doctors is always on call. A recording will tell you how to access the doctor on call. Many problems can be solved over the phone. If an after-hours office visit is needed we will make arrangements to do so.

HOSPITAL CARE: We are members of the medical staff at Dartmouth-Hitchcock Medical Center and a short distance from Cottage Hospital, the local hospital in Woodsville, NH. Should the need for hospitalization occur, you (the parents/guardians) will decide what hospital you would prefer.

INSURANCE COPAYS ARE EXPECTED FOR EVERY VISIT AT THE TIME OF THE VISIT.

The support staff is very knowledgeable about insurance coverage and we will bill most insurances directly. Managed care has made it very important that we are designated as your child's primary care provider (PCP). It has also made it necessary for you to secure referrals from us for specialist care and often for visits to the hospital.

MISSED APPOINTMENTS: Any patient who misses a scheduled appointment without giving notice prior to the appointment will be assessed a "no show fee" that must be paid prior to the next office visit. The "no show fee" is not billable to insurance. We are aware that unexpected situations do arise, please let us know, extraordinary circumstances will certainly be taken into consideration.

Financial hardship should not prevent any child from receiving healthcare. Please speak with us if financial difficulties arise, fee adjustments can be made.

FEE SCHEDULE: Information regarding our fees is available upon request.

REGULAR WELL CHILD CARE: Pediatrics more than any other specialty is dedicated to the concept of preventive medicine. The best way to treat any medical problem is to ensure that it never happens. This is best applied through frequent and timely well child visits. We follow the schedule below based upon the American Academy of Pediatrics' recommendations. During these visits we will discuss with you and your child any questions or issues that have arisen, perform screening tests as necessary administer immunizations, and thoroughly examine your child. We welcome you to come prepared with a list of your questions and expect to have them answered.

SCHEDULED VISITS

1-5 days - 2 weeks - 1 month - 2 months - 4 months - 6 months - 9 months
12 months - 15 months - 18 months - 2 years - 2 ½ years - 3 years - 4 years
5 years - and annually thereafter.

IMMUNIZATION SCHEDULE

2 Weeks	Hep B #1 if not received @ birth
2 Months	DTaP #1, Polio, Hib, Hep B #2, Pneumococcal #1, Rotavirus
4 Months	DTaP #2, Polio, Hib, Pneumococcal #2, Rotavirus
6 Months	DTaP #3, Polio, Hib, Hep B #3, Pneumococcal #3
9 Months	NO VACCINES – Unless in need of “catch-up”
12 Months	Measles-Mumps-Rubella (MMR) #1, Varicella #1 & a Lead Test
15 Months	DTaP #4, Hib, Pneumococcal #4, Hep A #1
18 Months	NO VACCINES – Unless in need of “catch-up”
2 Years	Hep A #2 & a Lead Test
4 – 6 Years	DTaP #5, Polio, MMR #2, Varicella #2
11 Years & up	Tdap, Meningococcal #1, HPV (1 st of 3)
16 Yrs – 18 Yrs	Meningococcal #2

Also available through our offices: Meningococcal B

A number of these vaccines are available as combination vaccines to reduce the number of injections required at one time

Influenza vaccines should be given annually in the fall to any/all U.V.P. patients between the ages of 6 months and 18 years wishing to reduce the risk of getting influenza. Dates for flu shot clinics where no appointment is necessary are posted within the office, on our Facebook page, and on our website.

Our Mental Health Counselors are available to patients of Upper Valley Pediatrics with a referral from one of our providers. They offer flexible scheduling hours to better accommodate our patients and their families.

We require at least 2 business days' advance notice for prescription refills.